

Health K-5 Programs							
Publisher	Title of Material	Author	Copyright	Grade Level	ISBN	Recommendation	
McGraw-Hill School Education, LLC	Health & Wellness, Grade K, Print and Digital Student Bundle, 5-year subscription	Meeks	2014	K	9780079002921	Comprehensive	
	<b>Notes:</b> <b>Strengths:</b> Meets all of the health standards for Kindergarten. It provides a variety of activities to engage students, especially the activity corner section in the teacher edition. Diversity of pictures and colors. The fitness activities are engaging. The performance assessments are age appropriate. The unit and chapter planner scaffold the unit. <b>Weaknesses:</b> Transparencies need to be updated to digital format.						
	<b>Key Features:</b> The Health & Wellness program introduces key concepts and builds upon prior knowledge in all grades. Topics are introduced at age-appropriate depth that sequentially builds students' knowledge and skills. The Health & Wellness Big Books, Content Readers, and Student Editions were designed to provide extensive reading and vocabulary development. This support is included in direct instruction to students and within teacher materials.						
	HEALTH & WELLNESS STUDENT 1 YEAR SUBSCRIPTION BUNDLE GRADE K	Meeks	2014	K	9780076760251		
	HEALTH & WELLNESS GRADE K STUDENT EDITION	Meeks	2014	K	9780076714100		
	HEALTH & WELLNESS GRADE K ONLINE TEACHER EDITION 1 YEAR SUBSCRIPTION	McGraw-Hill	2014	K	9780076705238		
	HEALTH & WELLNESS GRADE K TEACHER EDITION	McGraw-Hill	2014	K	9780076675142		
	Publisher	Title of Material	Author	Copyright	Grade Level		ISBN
McGraw-Hill School Education, LLC	Health & Wellness, Grade 1, Print and Digital Student Bundle, 5-year subscription	Meeks		1	9780079002945	Comprehensive	
	<b>Notes:</b> <b>Strengths:</b> The text and pictures are well done, making it magazine-like for the learner. The pictures show children at first grade level. The cartoons and drawings are excellent for a first grade learner. All standards are met. The extra activities and activity corners had extensions and activities for varied learning levels. The health helpers section was a great addition for this level. <b>Weaknesses:</b> The text and content was often k or pre-k and needed extensions for accelerated learners. <b>Other:</b> Overall covered all content.						
	<b>Key Features:</b> The Health & Wellness program introduces key concepts and builds upon prior knowledge in all grades. Topics are introduced at age-appropriate depth that sequentially builds students' knowledge and skills. The Health & Wellness Big Books, Content Readers, and Student Editions were designed to provide extensive reading and vocabulary development. This support is included in direct instruction to students and within teacher materials.						
	HEALTH & WELLNESS STUDENT 1 YEAR SUBSCRIPTION BUNDLE GRADE 1	Meeks	2014	1	9780076760275		

	HEALTH & WELLNESS GRADE 1 STUDENT EDITION	Meeks	2014	1	9780076718849		
	HEALTH & WELLNESS GRADE 1 ONLINE TEACHER EDITION 1 YEAR SUBSCRIPTION	McGraw- Hill	2014	1	9780076713042		
	HEALTH & WELLNESS GRADE 1 TEACHER EDITION	McGraw- Hill	2014	1	9780076683277		
<b>Publisher</b>	<b>Title of Material</b>	<b>Author</b>	<b>Copyright</b>	<b>Grade Level</b>	<b>ISBN</b>	<b>Recommendation</b>	
<b>McGraw-Hill School Education, LLC</b>	<b>Health &amp; Wellness, Grade 2, Print and Digital Student Bundle, 5-year subscription</b>	<b>Meeks</b>	<b>2014</b>	<b>2</b>	<b>9780079003430</b>	<b>Comprehensive</b>	
	<b>Notes:</b> <b>Strengths:</b> The layout of the chapters with pacing, resources, vocabulary, and standards. The activities within the Teacher Center i.e. Clipboard and Activity Centers. Strong cross-curricular connections in each chapter. <b>Weaknesses:</b> Not all materials were supplied for review i.e. transparencies, posters, clipboard activities and CD's.						
	<b>Key Features:</b> The Health & Wellness program introduces key concepts and builds upon prior knowledge in all grades. Topics are introduced at age-appropriate depth that sequentially builds students' knowledge and skills. The Health & Wellness Big Books, Content Readers, and Student Editions were designed to provide extensive reading and vocabulary development. This support is included in direct instruction to students and within teacher materials.						
	HEALTH & WELLNESS STUDENT 1 YEAR SUBSCRIPTION BUNDLE GRADE 2	Meeks	2014	2	9780076760299		
	HEALTH & WELLNESS GRADE 2 STUDENT EDITION	Meeks	2014	2	9780076718979		
	HEALTH & WELLNESS GRADE 2 ONLINE TEACHER EDITION 1 YEAR SUBSCRIPTION	McGraw- Hill	2014	2	9780076713097		
	HEALTH & WELLNESS GRADE 2 TEACHER EDITION	McGraw- Hill	2014	2	9780076683390		
	<b>Publisher</b>	<b>Title of Material</b>	<b>Author</b>	<b>Copyright</b>	<b>Grade Level</b>		<b>ISBN</b>
<b>McGraw-Hill School Education, LLC</b>	<b>Health &amp; Wellness, Grade 3, Print and Digital Student Bundle, 5-year subscription</b>	<b>Meeks</b>	<b>2014</b>	<b>3</b>	<b>9780079003447</b>	<b>Comprehensive</b>	
	<b>Notes:</b> <b>Strengths:</b> The layout of the chapters with pacing, resources, life skills, other activities, review, assess, and standards. The activities within the Teacher Center i.e. Clipboard and Leveled Activities were a strong asset. Strong cross-curricular connections in each chapter provide links to other curriculum areas. Practicing real-life skills. <b>Weaknesses:</b> Not all materials were supplied for review i.e. transparencies, posters, clipboard activities and CD's.						
	<b>Key Features:</b> The Health & Wellness program introduces key concepts and builds upon prior knowledge in all grades. Topics are introduced at age-appropriate depth that sequentially builds students' knowledge and skills. The Health & Wellness Big Books, Content Readers, and Student Editions were designed to provide extensive reading and vocabulary development. This support is included in direct instruction to students and within teacher materials.						

	HEALTH & WELLNESS STUDENT 1 YEAR SUBSCRIPTION BUNDLE GRADE 3	Meeks	2014	3	9780076760312	
	HEALTH & WELLNESS GRADE 3 STUDENT EDITION	Meeks	2014	3	9780076714483	
	HEALTH & WELLNESS GRADE 3 ONLINE TEACHER EDITION 1 YEAR SUBSCRIPTION	McGraw- Hill	2014	3	9780076751433	
	HEALTH & WELLNESS GRADE 3 TEACHER EDITION	McGraw- Hill	2014	3	9780076683420	
<b>Publisher</b>	<b>Title of Material</b>	<b>Author</b>	<b>Copyright</b>	<b>Grade Level</b>	<b>ISBN</b>	<b>Recommendation</b>
<b>McGraw-Hill School Education, LLC</b>	<b>Health &amp; Wellness, Grade 4, Print and Digital Student Bundle, 5-year subscription</b>	<b>Meeks</b>	<b>2014</b>	<b>4</b>	<b>9780079003454</b>	<b>Comprehensive</b>
	<b>Notes:</b> <b>Strengths:</b> <ul style="list-style-type: none"> <li>• Text is written at grade level and covers all standards, goals and objectives.</li> <li>• Offers a variety of individual and group activities to reinforce concepts.</li> <li>• Leveled activities &amp; ELL activities to meet needs of all learners.</li> <li>• Cross-curricular links are provided for other academic disciplines.</li> <li>• Worksheets use a variety of learning styles to engage students.</li> </ul> <b>Weaknesses:</b> <ul style="list-style-type: none"> <li>• It would be an advantage for the company if the reviewer received a hard copy of all accessible resources (transparencies, assessment book, clipboard activities...)</li> <li>• Accessing chapter lessons may be easier if pages were numbered in a traditional fashion (1-200 and not A45, B45, C45....)</li> </ul>					
	<b>Key Features:</b> The Health & Wellness program introduces key concepts and builds upon prior knowledge in all grades. Topics are introduced at age-appropriate depth that sequentially builds students' knowledge and skills. The Health & Wellness Big Books, Content Readers, and Student Editions were designed to provide extensive reading and vocabulary development. This support is included in direct instruction to students and within teacher materials.					
	HEALTH & WELLNESS STUDENT 1 YEAR SUBSCRIPTION BUNDLE GRADE 4	Meeks	2014	4	9780076760336	
	HEALTH & WELLNESS GRADE 4 STUDENT EDITION	Meeks	2014	4	9780076714537	
	HEALTH & WELLNESS GRADE 4 ONLINE TEACHER EDITION 1 YEAR SUBSCRIPTION	McGraw- Hill	2014	4	9780076729265	
HEALTH & WELLNESS GRADE 4 TEACHER EDITION	McGraw- Hill	2014	4	9780076675845		
<b>Publisher</b>	<b>Title of Material</b>	<b>Author</b>	<b>Copyright</b>	<b>Grade Level</b>	<b>ISBN</b>	<b>Recommendation</b>
<b>McGraw-Hill School Education, LLC</b>	<b>Health &amp; Wellness, Grade 5, Print and Digital Student Bundle, 5-year subscription</b>	<b>Meeks</b>	<b>2014</b>	<b>5</b>	<b>9780079003461</b>	<b>Comprehensive</b>
	<b>Notes:</b> <b>Strengths:</b> <ul style="list-style-type: none"> <li>• Text is written at grade level and covers all standards, goals and objectives.</li> <li>• Offers a variety of individual and group activities to reinforce concepts.</li> <li>• Leveled activities &amp; ELL activities to meet needs of all learners.</li> </ul>					

	<ul style="list-style-type: none"> <li>• Cross-curricular links are provided for other academic disciplines.</li> <li>• Worksheets use a variety of learning styles to engage students.</li> </ul> <p><b>Weaknesses:</b></p> <ul style="list-style-type: none"> <li>• It would be an advantage for the company if the reviewer received a hard copy of all accessible resources (transparencies, assessment book, clipboard activities...)</li> <li>• Accessing chapter lessons may be easier if pages were numbered in a traditional fashion (1-200 and not A45, B45, C45....)</li> </ul>					
	<p><b>Key Features:</b> The Health &amp; Wellness program introduces key concepts and builds upon prior knowledge in all grades. Topics are introduced at age-appropriate depth that sequentially builds students' knowledge and skills. The Health &amp; Wellness Big Books, Content Readers, and Student Editions were designed to provide extensive reading and vocabulary development. This support is included in direct instruction to students and within teacher materials.</p>					
	HEALTH & WELLNESS GRADE 5 ONLINE TEACHER EDITION 1 YEAR SUBSCRIPTION	Meeks	2014	5	9780076760350	
	HEALTH & WELLNESS GRADE 5 STUDENT EDITION	Meeks	2014	5	9780076675043	
	HEALTH & WELLNESS GRADE 5 ONLINE TEACHER EDITION 1 YEAR SUBSCRIPTION	McGraw- Hill	2014	5	9780076713875	
	HEALTH & WELLNESS GRADE 5 TEACHER EDITION	McGraw- Hill	2014	5	9780076675975	
<b>Publisher</b>	<b>Title of Material</b>	<b>Author</b>	<b>Copyright</b>	<b>Grade Level</b>	<b>ISBN</b>	<b>Recommendation</b>
<b>The Children's Health Market, Inc.</b>	<b>The Great Body Shop</b>	<b>The Children's Health Market</b>	<b>2016-2017</b>	<b>K</b>	<b>978-1-60638-309-4</b>	<b>Comprehensive</b>
	<p><b>Notes:</b> <b>Strengths:</b> The Program Guide with scope &amp; sequence. The layout of the lessons with all the objectives. It is comprehensive, easy to use and age-appropriate. Students issues are well designed and user friendly. This curriculum uses best practice. <b>Weaknesses:</b> The technology connection was not listed in the Cross Curricular/Common Core Chart.</p>					
	<p><b>Key Features:</b> THE GREAT BODY SHOP is a comprehensive, evidenced-based health education curricular resource that is sequential, developmentally appropriate, culturally sensitive and medically accurate. THE GREAT BODY SHOP is aligned to the National Health Education Standards, Idaho Health Education Content Standards, National Sexuality Education Standards, and the core concepts recommended by CDC's HECAT. TGBS is designed to build the essential critical thinking skills that support children in making responsible life-long decisions. Program materials include annually reviewed teacher and student materials, ten thematic skill-based units, assessments, engaging hands-on activities, cross-curricular activities, digital instructional materials, a strong family component, and a K Family CD for each child. TGBS is easy to use, engaging for students, and designed for one time per week.</p>					
	The Great Body Shop	The Children's Health Market	2016-2017	K	N/A	
	The Great Body Shop	The Children's Health Market	2016-2017	K	978-1-60638-310-0	
	The Great Body Shop	The Children's Health Market	2016-2017	K	N/A	

Publisher	Title of Material	Author	Copyright	Grade Level	ISBN	Recommendation	
The Children's Health Market, Inc.	The Great Body Shop	The Children's Health Market	2016-2017	1	978-1-60638-311-7	Comprehensive	
	<b>Notes:</b> <b>Strengths:</b> The Program Guide with scope & sequence. The layout of the lessons with all the objectives. It is comprehensive, easy to use and age-appropriate. Students issues are well designed and user friendly. This curriculum uses best practice. <b>Weaknesses:</b> The technology connection was not listed in the Cross Curricular/Common Core Chart.						
	<b>Key Features:</b> THE GREAT BODY SHOP is a comprehensive, evidenced-based health education curricular resource that is sequential, developmentally appropriate, culturally sensitive and medically accurate. THE GREAT BODY SHOP is aligned to the National Health Education Standards, Idaho Health Education Content Standards, National Sexuality Education Standards, and the core concepts recommended by CDC's HECAT. TGBS is designed to build the essential critical thinking skills that support children in making responsible life-long decisions. Program materials include annually reviewed teacher and student materials, ten thematic skill-based units, assessments, engaging hands-on activities, cross-curricular activities, digital instructional materials, a strong family component, and a K Family CD for each child. TGBS is easy to use, engaging for students, and designed for one time per week.						
	The Great Body Shop	The Children's Health Market	2016-2017	1	N/A		
	The Great Body Shop	The Children's Health Market	2016-2017	1	978-1-60638-312-4		
The Great Body Shop	The Children's Health Market	2016-2017	1	N/A			
Publisher	Title of Material	Author	Copyright	Grade Level	ISBN	Recommendation	
The Children's Health Market, Inc.	The Great Body Shop	The Children's Health Market	2016-2017	2	978-1-60638-313-1	Comprehensive	
	<b>Notes:</b> <b>Strengths:</b> <ul style="list-style-type: none"> <li>A cross-curriculum common core chart is provided inside the front cover of each teacher guide for each unit which allows for quick access to cross curricular alignment.</li> <li>Several supplemental activities are readily available for teacher use.</li> <li>Individual lessons are scripted and very easy to follow for those who have limited experience in teaching health education.</li> <li>Characters enhance lesson relevance and the ability for students to relate actual life situations.</li> <li>Lesson worksheets and handouts are engaging and easily understood.</li> <li>Student issues are clear, concise and provide a great amount of information is small articles as well as a puzzle, word game and can be taken home to share information.</li> <li>Objective &amp; subjective quizzes, assessment sheets and rubrics are provided for evaluation in each unit.</li> <li>A consistent format is found throughout all lessons.</li> </ul> <b>Weaknesses:</b> <ul style="list-style-type: none"> <li>Lessons are limited in use of technology</li> </ul>						
	<b>Key Features:</b> THE GREAT BODY SHOP is a comprehensive, evidenced-based health education						

<p>curricular resource that is sequential, developmentally appropriate, culturally sensitive and medically accurate. THE GREAT BODY SHOP is aligned to the National Health Education Standards, Idaho Health Education Content Standards, National Sexuality Education Standards, and the core concepts recommended by CDC's HECAT. TGBS is designed to build the essential critical thinking skills that support children in making responsible life-long decisions. Program materials include annually reviewed teacher and student materials, ten thematic skill-based units, assessments, engaging hands-on activities, cross-curricular activities, digital instructional materials, a strong family component, and a K Family CD for each child. TGBS is easy to use, engaging for students, and designed for one time per week.</p>						
The Great Body Shop		The Children's Health Market	2016-2017	2	N/A	
The Great Body Shop		The Children's Health Market	2016-2017	2	978-1-60638-314-8	
The Great Body Shop		The Children's Health Market	2016-2017	2	N/A	
<b>Publisher</b>	<b>Title of Material</b>	<b>Author</b>	<b>Copyright</b>	<b>Grade Level</b>	<b>ISBN</b>	<b>Recommendation</b>
The Children's Health Market, Inc.	The Great Body Shop	The Children's Health Market	2016-2017	3	978-1-60638-315-5	Comprehensive
<p><b>Notes:</b></p> <p><b>Strengths:</b></p> <ul style="list-style-type: none"> <li>• A cross-curriculum common core chart is provided inside the front cover of each teacher guide for each unit which allows for quick access to cross curricular alignment.</li> <li>• Several supplemental activities are readily available for teacher use.</li> <li>• Individual lessons are scripted and very easy to follow for those who have limited experience in teaching health education.</li> <li>• Characters enhance lesson relevance and the ability for students to relate actual life situations.</li> <li>• Lesson worksheets and handouts are engaging and easily understood.</li> <li>• Student issues are clear, concise and provide a great amount of information is small articles as well as a puzzle, word game and can be taken home to share information.</li> <li>• Objective &amp; subjective quizzes, assessment sheets and rubrics are provided for evaluation in each unit.</li> <li>• A consistent format is found throughout all lessons.</li> </ul> <p><b>Weaknesses:</b> Lessons are limited in use of technology</p> <p><b>Key Features:</b> THE GREAT BODY SHOP is a comprehensive, evidenced-based health education curricular resource that is sequential, developmentally appropriate, culturally sensitive and medically accurate. THE GREAT BODY SHOP is aligned to the National Health Education Standards, Idaho Health Education Content Standards, National Sexuality Education Standards, and the core concepts recommended by CDC's HECAT. TGBS is designed to build the essential critical thinking skills that support children in making responsible life-long decisions. Program materials include annually reviewed teacher and student materials, ten thematic skill-based units, assessments, engaging hands-on activities, cross-curricular activities, digital instructional materials, a strong family component, and a K Family CD for each child. TGBS is easy to use, engaging for students, and designed for one time per week.</p>						
The Great Body Shop		The Children's Health Market	2016-2017	3	N/A	

	The Great Body Shop	The Children's Health Market	2016-2017	3	978-1-60638-316-2	
	The Great Body Shop	The Children's Health Market	2016-2017	3	N/A	
<b>Publisher</b>	<b>Title of Material</b>	<b>Author</b>	<b>Copyright</b>	<b>Grade Level</b>	<b>ISBN</b>	<b>Recommendation</b>
<b>The Children's Health Market, Inc.</b>	<b>The Great Body Shop</b>	<b>The Children's Health Market</b>	<b>2016-2017</b>	<b>4</b>	<b>978-1-60638-317-9</b>	<b>Comprehensive</b>
<p><b>Notes:</b></p> <p><b>Strengths:</b> The curriculum covers all standards multiple times throughout the units. The Extended Activities serve as a great resource for teachers to implement variety into lessons. Teachers have the flexibility to assign activities that will take different amounts of time and reach a variety of student learners. Student Issues are colorful and the information is chunked easily for understanding. This allows for flexible time management and implementation into a daily schedule. The "Family Connection" in each student issue bridges learning from school to home. Families have the choice to be involved in their child's learning when the student takes the student issue home each month.</p> <p><b>Weaknesses:</b> Although all standards are met, at times they are haphazardly strung together. Some of the activities and articles are labeled inaccurately in the evaluation tool the publisher completed making the teacher evaluation very labor intensive. For instance the activity in Unit Stay Drug Free Build Your Assets Activity 17 "Your Refusal Skill" was labeled by the publisher Activity 4. This inaccurate labeling happened numerous times throughout units. could be very overwhelming. There is a Spanish version available, but there are ELL students other than Spanish speakers who would not be able to decode amount of text in the Student Issues.</p> <p><b>Other:</b> The curriculum would be manageable for a general education or health teacher to implement, but would prove challenging for a P.E. teacher to implement.</p>						
<p><b>Key Features:</b></p> <p>THE GREAT BODY SHOP is a comprehensive, evidenced-based health education curricular resource that is sequential, developmentally appropriate, culturally sensitive and medically accurate. THE GREAT BODY SHOP is aligned to the National Health Education Standards, Idaho Health Education Content Standards, National Sexuality Education Standards, and the core concepts recommended by CDC's HECAT. TGBS is designed to build the essential critical thinking skills that support children in making responsible life-long decisions. Program materials include annually reviewed teacher and student materials, ten thematic skill-based units, assessments, engaging hands-on activities, cross-curricular activities, digital instructional materials, a strong family component, and a K Family CD for each child. TGBS is easy to use, engaging for students, and designed for one time per week.</p>						
	The Great Body Shop	The Children's Health Market	2016-2017	4	N/A	
	The Great Body Shop	The Children's Health Market	2016-2017	4	978-1-60638-318-6	
	The Great Body Shop	The Children's Health Market	2016-2017	4	N/A	

Publisher	Title of Material	Author	Copyright	Grade Level	ISBN	Recommendation	
The Children's Health Market, Inc.	The Great Body Shop	The Children's Health Market	2016-2017	5	978-1-60638-319-3	Comprehensive	
	<b>Notes:</b> <b>Strengths:</b> This is a comprehensive curriculum. There is most certainly evidence that all standards are being covered. There are so many different collaborative, individual, and exciting activities that can be added. There are many cultures represented. There are so many learning styles that can be accommodated. The rich text and photos make it appealing to the reader. <b>Weaknesses:</b> Publishers should consider including more information on finding assistance/help within the community. The most difficult part of this evaluation was the inconsistency in the activities. Many of the activities numbers did not correspond with the correct activity in the teacher's manual. This made the research take much, much longer than necessary. <b>Other:</b> The student magazines are beautiful and amazing. Very well done. The accessibility is of high quality.						
	<b>Key Features:</b> THE GREAT BODY SHOP is a comprehensive, evidenced-based health education curricular resource that is sequential, developmentally appropriate, culturally sensitive and medically accurate. THE GREAT BODY SHOP is aligned to the National Health Education Standards, Idaho Health Education Content Standards, National Sexuality Education Standards, and the core concepts recommended by CDC's HECAT. TGBS is designed to build the essential critical thinking skills that support children in making responsible life-long decisions. Program materials include annually reviewed teacher and student materials, ten thematic skill-based units, assessments, engaging hands-on activities, cross-curricular activities, digital instructional materials, a strong family component, and a K Family CD for each child. TGBS is easy to use, engaging for students, and designed for one time per week.						
	The Great Body Shop	The Children's Health Market	2016-2017	5	N/A		
	The Great Body Shop	The Children's Health Market	2016-2017	5	978-1-60638-320-9		
The Great Body Shop	The Children's Health Market	2016-2017	5	N/A			