

# HUSSC:SL SELF-ASSESSMENT SCORE CARD

This tool provides information on applying for HUSSC:SL. Use it to track your progress and gather ideas on ways to create a healthier school environment.

District Name: \_\_\_\_\_ District Number: \_\_\_\_\_

School Name: \_\_\_\_\_ Date of Assessment: \_\_\_\_\_

Grade Levels: \_\_\_\_\_

Unless specified, criteria are for all grade/award levels.

I. General Criteria		
General	Select One	
Our school is enrolled as a Team Nutrition School	Yes	No
We have completed all corrective actions from the school's most recent State review of the school meals program.	Yes	No
Our school currently meets school meal pattern requirements for the NSLP and SBP as specified in 7 CFR 210 and 220.	Yes	No
The School Food Authority is certified to receive the additional six cent performance-based reimbursement (HHFKA 2010).	Yes	No
Our school participates in the School Breakfast Program (SBP) and National School Lunch Program (NSLP).	Yes	No

BREAKFAST: List the Average Daily Participation (ADP) based on student attendance of one month.		
Elementary/Middle School	High School	Award Level
≤19%	≤14%	Bronze 
20% - 34%	15% - 24%	Silver 
≥35%	≥25%	Gold Gold Award of Distinction  
LUNCH: List the Average Daily Participation (ADP) based on student attendance of one month.		
Elementary/Middle School	High School	Award Level
≤59%	≤44%	Bronze 
60% - 74%	45% - 64%	Silver 
≥75%	≥65%	Gold Gold Award of Distinction  
<b>List the award level identified above for the Average Daily Participation (ADP) for Breakfast and Lunch. (If the award levels for the above scores are different, select the lowest award level.)</b>		

SMARTER LUNCHROOMS		
For this section, you must complete the <a href="#">Smarter Lunchrooms Self-Assessment Scorecard</a>		
Our school implements Smarter Lunchroom techniques in all six areas as defined on the Smarter Lunchrooms Self-Assessment Scorecard.	Yes	No
Using the Smarter Lunchrooms Self-Assessment Scorecard, list the total number of checked techniques from each section:	<b>Total Techniques</b>	
Focusing on Fruit		
Promoting Vegetables & Salad		
Moving More White Milk		
Entrée of the Day		
Increasing Sales of Reimbursable Meals		
Creating School Synergies		
<b>Grand Total</b>		
<b>Identified Smarter Lunchroom techniques</b>	<b>Award Level</b>	
0 - 29 techniques	N/A	
30 - 49 techniques	Bronze 	
50 - 69 techniques	Silver 	
70 - 100 techniques	Gold Gold Award of Distinction  	
<i>List the award level identified for the total number of Smarter Lunchroom techniques utilized by the school.</i>		

II. Smart Snacks Criteria		
School day: extends from midnight to 30 minutes past the end of the official school day. Outside of the school day: the period of time after the school day (as defined above) to midnight.		
<b>Bronze &amp; Silver</b>  		
All foods and beverages sold to students during the school day meet or exceed the <a href="#">Smart Snacks in School Nutrition Standards</a> for the following:		
A la carte options	Yes	No
Vending machines	Yes	No
School stores	Yes	No
Snack or food carts	Yes	No
Any food-based fundraising	Yes	No
All foods and beverages sold to students during the school day meet Smart Snacks criteria as defined in <a href="#">7 CFR Parts 210 and 2210</a> .	Yes	No
Our school follows <a href="#">fundraising exemptions and guidance set by the State agency</a> .	Yes	No
Our school offers training on Smart Snacks criteria annually to all individuals who are involved in the sale of foods to students on the school campus during the school day.	Yes	No
Our school only advertises or markets foods and beverages to students that meet the Smart Snacks criteria.	Yes	No

II. Smart Snacks Criteria - continued		
<b>Gold</b> 		
Our school meets all criteria for Bronze/Silver listed above, and	Yes	No
Our school only permits food-related fundraisers that meet USDA's Smart Snacks standards, even if the State allows exemptions.	Yes	No
Our school offers and promotes water, fruits, and/or vegetables as options when food and beverages are sold to students on the school campus at events outside of the school day.	Yes	No
<b>Gold Award of Distinction</b> 		
Our school meets all criteria for Gold listed above, and	Yes	No
The majority (greater than 50%) of our school-sponsored fundraising events are conducted outside of the school day.	Yes	No
<i>List the award level identified by the criteria above.</i>		

III. Nutrition Education			
<b>Elementary School</b>	<b>All Award Levels</b>    		
	Nutrition education is provided to all full-day students in all grades.	Yes	No
	Nutrition education is part of a structured and systematic unit of instruction.	Yes	No
	Team Nutrition curricula and materials are incorporated into the nutrition education.	Yes	No
	Our school utilizes multiple channels of communication, including classrooms, cafeteria, and home/parents to promote nutrition education.	Yes	No
<b>Middle School</b>	<b>Bronze &amp; Silver</b>  		
	Nutrition education is offered to students in at least one grade level during the school year.	Yes	No
	Our school's nutrition education is consistent with the latest Dietary Guidelines for Americans & MyPlate.	Yes	No
	Our school utilizes multiple channels of communication, including classrooms, cafeteria, and home/parents to promote nutrition education.	Yes	No
	<b>Gold &amp; Gold Award of Distinction</b>  		
	Our school meets all criteria for Bronze/Silver listed above, and	Yes	No
	Nutrition education is offered to students in at least two grade levels during the school year.	Yes	No

III. Nutrition Education - continued			
<b>High School</b>	<b>All Award Levels</b>    		
	Nutrition education is offered in at least two courses required for graduation.	Yes	No
	Nutrition education is part of a structured and systematic unit of instruction within the two courses.	Yes	No
	Our school's nutrition education is consistent with the latest <a href="#">Dietary Guidelines for Americans &amp; MyPlate</a> .	Yes	No
	Our school utilizes multiple channels of communication, including classrooms, cafeteria, and home/parents to promote nutrition education.	Yes	No
<i>List the award level identified by the criteria above.</i>			

IV. Physical Education			
<b>Elementary School</b>	<b>Bronze &amp; Silver</b>  		
	Our school provides physical education (PE) classes to all full-day students throughout the school year.	Yes	No
	Our school provides a minimum average of 45 minutes of PE per week throughout the school year.	Yes	No
	<i>Up to 20 minutes of the PE requirement may be met by providing structured activity planned by a certified PE teacher and implemented by a classroom teacher or school administrator and in which all students must participate in and must be at least moderate intensity and in increments of at least 10 minutes.</i>		
	<b>Gold</b> 		
	Our school meets all criteria for Bronze/Silver listed above, and	Yes	No
	Our school provides a minimum average of 90 minutes of PE per week throughout the school year.	Yes	No
	<i>Up to 45 minutes of the PE requirement may be met for Gold/Gold Award of Distinction by providing structured activity planned by a certified PE teacher and implemented by a classroom teacher or school administrator and in which all students must participate in and must be at least moderate intensity and in increments of at least 10 minutes.</i>		
	<b>Gold Award of Distinction</b> 		
	Our school meets all criteria for Gold listed above, and	Yes	No
Our school provides a minimum average of 90 minutes of PE per week throughout the school year.	Yes	No	

IV. Physical Education - continued			
Middle School	All Award Levels    		
	Our school offers structured physical education (PE) classes in at least two grade levels.	Yes	No
High School	All Award Levels    		
	Our school offers structured physical education (PE) classes in at least two courses.	Yes	No
List the award level identified by the criteria above.			

V. Physical Activity			
Elementary School	All Award Levels    		
	Our school offers additional daily physical activity opportunities to all full-day students that are different than the PE section described above (e.g., scheduled recess, walking or biking clubs).	Yes	No
	Our school reinforces physical activity/education messages by neither denying nor requiring physical activity as a means of punishment.	Yes	No
Middle School	All Award Levels    		
	Our school provides students in all grade levels opportunities to participate in physical activity (intramural/interscholastic sports or activity clubs) throughout the school year.	Yes	No
	Our school actively promotes participation in physical activities, both in and out of school, to all students.	Yes	No
	Our school reinforces physical activity/education messages by neither denying nor requiring physical activity as a means of punishment.	Yes	No
High School	All Award Levels    		
	Our school provides students in all grade levels opportunities to participate in physical activity (intramural/interscholastic sports or activity clubs) throughout the school year.	Yes	No
	Our school actively promotes participation in physical activities, both in and out of school, to all students.	Yes	No
	Our school reinforces physical activity/education messages by neither denying nor requiring physical activity as a means of punishment.	Yes	No
List the desired award level, if all answers were "yes".			

VI. Local School Wellness Policy		
<b>All Award Levels</b> 		
Our school works to meet local wellness policy goals (e.g., completing and reporting the results of the <a href="#">School Health Index</a> self-assessment process, school wellness committee meets on a regular basis, etc..).	Yes	No
Our school invites parents, students, school administration, staff, and community members to be a part of the wellness committee and participate in the implementation, periodic review, and update of the wellness policy.	Yes	No
Our school has implemented wellness practices that are stricter than what is stated in our district's wellness policy.	Yes	No
Our school consistently demonstrates a commitment to neither deny nor require physical activity as a means of punishment. (For example, students who misbehave are not denied recess.)	Yes	No
Our school is committed to prohibiting the use of food as a reward for good behavior, completion of work, or achieving a set goal.	Yes	No
<i>List the desired award level, if all answers were "yes".</i>		

VII. Other Criteria for Excellence		
<b>Program Outreach Excellence</b>		
Our school has implemented innovative practices to increase <a href="#">School Breakfast Program</a> participation, such as Breakfast in the Classroom, Grab 'n Go options, or vended reimbursable breakfasts.	Yes	No
Our school operates afterschool activities that participate in the <a href="#">Afterschool Snack program</a> or at-risk afterschool meals component of the <a href="#">Child and Adult Care Food Program (CACFP)</a> .	Yes	No
The <a href="#">Summer Food Service Program (SFSP)</a> is available when the percentage of free or reduced students is 50% or more.	Yes	No
The <a href="#">Community Eligibility Provision (CEP)</a> has been implemented, if economically feasible.	Yes	No
<b>Excellence in School and Community Involvement in Wellness Efforts</b>		
Our school provides annual training to before and after school program staff on physical activity and nutrition.	Yes	No
All school staff receives annual training on wellness policies and ways to promote nutrition and physical activity.	Yes	No
Our school partners with one or more community groups or SNAP Education providers to promote wellness, physical activity, and nutrition.	Yes	No
Our students are engaged (via student advisory council, student wellness team, or similar student interest groups) in wellness efforts and have the opportunity to provide input that is taken and put into action (when feasible) on school food, marketing of school meals, and physical activity options.	Yes	No
Our school informs the public on the amount of time allotted for eating lunch and solicits input from students and community members on the amount of time that is adequate.	Yes	No

VII. Other Criteria for Excellence - continued		
Our school offers an afterschool class, workshop, or club for students or families focused on healthy cooking techniques that occurs either weekly, monthly, quarterly, or seasonally.	Yes	No
<b>School Food Service Excellence</b>		
Our school's food service manager is a certified food handler (local or national certification).	Yes	No
Our school's nutrition program director's education meets or exceeds the minimum education standards required by the <a href="#">Professional Standards</a> requirements.	Yes	No
Our school's nutrition program directors, managers, and staff meet or exceed the annual continuing education/training hours required by the <a href="#">Professional Standards</a> requirements.	Yes	No
Our school is implementing at least one of the following aspects of the <a href="#">Farm to School</a> initiative: <ul style="list-style-type: none"> <li>• Local and/or regional products are incorporated into the school meal program</li> <li>• Messages about agriculture and nutrition are reinforced throughout the learning environment</li> <li>• School hosts a school garden</li> <li>• School hosts field trips to local farms</li> <li>• School utilizes promotions or special events, such as tastings, that highlight the local/regional products.</li> </ul>	Yes	No
Our school has joined the <a href="#">U.S. Food Waste Challenge</a> to recognize efforts to reduce food waste.	Yes	No
<b>Total "Yes" selections</b>		
<b>Total criteria identified above</b>	<b>Award Level</b> 	
0-1	N/A 	
2-3	Bronze 	
4-5	Silver 	
6-7	Gold	
8-15	Gold Award Of Distinction	
<i>List the award level identified for the total number of Other Criteria for Excellence employed by the school.</i>		

**Based on the self-assessment, your school qualifies for:**



**BRONZE**



**SILVER**



**GOLD**



**GOLD AWARD  
OF DISTINCTION**