

B153 - TORTILLA, WHOLE GRAIN, FROZEN, 27 LB



Nutrition Information

Whole grain tortilla, 8 inch

	1 tortilla (43 g)
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Calories	120
Protein	4.0 g
Carbohydrate	20 g
Dietary Fiber	3 g
Sugars	1 g
Total Fat	2.5 g
Saturated Fat	0.5 g
<i>Trans</i> Fat	0 g
Cholesterol	0 mg
Iron	1 mg
Calcium	100 mg
Sodium	340 mg
Magnesium	N/A
Potassium	N/A
Vitamin A	0 IU
Vitamin A	0 RAE
Vitamin C	0 mg
Vitamin E	N/A

CATEGORY	<ul style="list-style-type: none"> Grains/Breads
PRODUCT DESCRIPTION	<ul style="list-style-type: none"> These frozen 8 inch whole grain tortillas are made of whole wheat flour or a combination of whole wheat flour and enriched wheat flour. The tortillas meet the HealthierUS School Challenge whole grain criteria for a whole grain food.
PACK/YIELD	<ul style="list-style-type: none"> 12/24 ct pouches per 27 lb case. One 27 lb case AP yields about 288 tortillas. One pouch AP yields about 24 tortillas. CN Crediting: 1 Whole grain tortilla made with whole wheat flour provides 1 serving Grains/Breads.
STORAGE	<ul style="list-style-type: none"> Store frozen whole grain tortillas at 0 °F or below in original shipping case off the floor. Use First-In-First-Out (FIFO) storage practices to ensure use of older product first.



USDA Commodity Food Fact Sheet for Schools & Child Nutrition Institutions

(last updated, 11-18-08)

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PREPARATION/ COOKING INSTRUCTIONS	<ul style="list-style-type: none">• Follow manufacturer's directions on package.
USES AND TIPS	<ul style="list-style-type: none">• The whole grain tortilla may be served as deli wrap with turkey ham, low-fat cheese, shredded lettuce, and low-fat ranch dressing. It may also used to make burritos, soft tacos, and quesadillas.
FOOD SAFETY INFORMATION	<ul style="list-style-type: none">• Visually inspect for presence of foreign substances, insects, or molds before use.
BEST IF USED BY GUIDANCE	<ul style="list-style-type: none">• For guidance on how to effectively manage, store, and maintain USDA commodities, please visit the FDD Website at: http://www.fns.usda.gov/fdd/facts/biubguidance.htm

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