

Gooding School District

Recipe: 000607 Salad Mix: Romaine Caesar

Recipe Source: elementary
 Recipe Group: VEGETABLES

Recipe HACCP Process: #2 Same Day Service

Alternate Recipe Name: Romaine Caesar Salad

Number of Portions: 50
 Size of Portion: 1/2 cup

011251 LETTUCE,COS OR ROMAINE,RAW...	4 LB	Open two 2lb bags of chopped romaine lettuce and place in large strainer. Rinse lettuce and allow to drain thoroughly.
900161 Croutons, seasoned..... 090093 TOMATOES,PLUM+ITALIAN,RAW.....	3/4 CUP 1 CUP cherry toms	in large steamtable pan, toss together lettuce, cherry tomatoes, & croutons.
990024 Caesar Dressing, signature.....	3/4 CUP	just prior to serving toss salad with dressing and place out on heathly choice bar. DO NOT MIX TOO EARLY. PREPARE IN BATCHES THROUGHOUT THE MEAL PERIOD

Calories	26	Iron	0.38 mg	Protein	0.65 g	10.10%	Calories from Prot
Cholesterol	1 mg	Calcium	12.85 mg	Carbohydrates	1.93 g	29.73%	Calories from Carb
Sodium	52 mg	Vitamin A	2132.3 IU	Total Fat	1.87 g	64.83%	Calories from T Fat
Dietary Fiber	0.83 g	Vitamin A	96.3 RE	Saturated Fat	0.34 g	11.80%	Calories from S Fat
		Vitamin C	9.09 mg	Trans. Fat	0.00* g	%	Calories from Trans. Fat

Miscellaneous		Attributes	Allergens Present	Allergens Absent	Allergens Unidentified
Meat/Alt.....	oz.				? - Milk
Grain/Bread.....	srv.				? - Egg
F/V/J.....	cup				? - Peanut
Milk.....	fl. oz.				? - Tree Nut
					? - Fish
					? - Shellfish
					? - Soy
					? - Wheat
Moisture & Fat Change					
Moisture Change.	0%				
Fat Change.....	0%				
Type of Fat.....					

Production Specification

I/R	Ing #	Ingredient or Sub-Recipe	Measure	Measure	Round
I	011251	LETTUCE,COS OR ROMAINE,RAW			

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Jan 12, 2009

I	900161	Croutons, seasoned			
I	090093	TOMATOES, PLUM+ITALIAN, RAW			
I	990024	Caesar Dressing, signature			