

**Health  
Resources – Highly Recommended  
Grades K - 12**

Contract effective through 12/31/2015

Publisher	Title of Material	Author	Copyright	Grade Level	ISBN Number	R=Resource Correlation*
RealityWorks Inc.	<b>ySTART Program with the PreventPak Addiction Simulator</b>	Realityworks, Inc.	2009	6-8	9780982330869	R Grade 6 = 30% Grade 7-8= 34%
	Notes: Highly Recommended as "Resource Only". Correlates 66% to national health standards. Key Features: The ySTART program with the PreventPak is an engaging experience in peer pressure, the power of addiction, and the health consequences of smoking. The curriculum, take-home simulation, and measurable results combine for a powerful program. The curriculum teaches students all about tobacco and the respiratory system; tobacco, health and the environment; tobacco and the media; and skills for a tobacco-free life including communication, risky behaviors, choices, and consequences. The PreventPak is a take-home smoking refusal simulation that builds refusal skills and teaches students how to say NO to their peers if ever confronted with tobacco use.					

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Glencoe/ McGraw-Hill	<b>Foundations of Personal Fitness</b>	Rainey	2005	8 (8-12)	9780078451270	R Grade 8 = 54% Grade 9-12= 37%
	Notes: "Resource Only". National Standards correlations for grade 8 = 60%, grade 9-12 = 11%. Key Features: This exciting program focuses on personal fitness information, practical skills, and real-world applications that encourage students to become responsible for their own fitness and well-being throughout life.					
	Teacher Wraparound Edition (Free 1:35 Student Editions Purchased)				9780078451287	
	TeacherWorks CD-ROM (Free 1:50 Student Editions Purchased)				9780078692031	
Teacher Classroom Resources (Free 1:50 Student Editions Purchased)				9780078466182		