Bedbugs Treatment Guidelines for The Home

Parent Resource Template

This document is only a template resource. If the template is used, please customize the document to include district's/school's nursing practices and branding.

IF YOU SEE A BEDBUG

- Catch the suspected bedbug in a zip-top bag or contain it under clear tape for identification.
- Many universities and pest management firms offer identification services.
- Consider an inspection by a pest management professional.
- Contact your school nurse so they can examine your student and their belongings for signs of bedbugs.

IF YOU HAVE BEDBUGS AT HOME

- Put clothing, backpacks, shoes, bedding, and similar objects in a dryer at high temperature for 30 minutes.
- Store freshly laundered clothing in sealed plastic bags or boxes until they are worn.
- Limit the items your child takes to and from school.
- Keep school items like backpacks, books, and jackets in a single area of the home that is separate from the sleeping areas. If the school has reported problems with bedbugs, isolate school items in a sealed plastic container.
- Vacuum bedbugs from cracks and crevices in furniture, equipment, walls, and floors.
- Eliminate clutter to reduce possible hiding places.
- Use a protective cover that encases mattresses and box springs to eliminate bedbug hiding spots.
- Install *bedbug interceptors* (devices placed under the legs of furniture to catch bedbugs and keep them from climbing the legs).

- Talk with a professional pest control company about non-chemical methods like heat treatment of rooms, furniture and other large items.
- If needed, use pesticides made specifically for bedbugs carefully according the label directions or hire a pest management professional.
- Bedbugs are not a sign of unhealthy living conditions. It is possible to unknowingly bring them home from infested areas in our clothes, shoes, backpacks and other items.

Created by:
Health Services Nurses
West Ada School District

Information from the Environmental Protection Agency