



Career Technical Education (CTE)

Family and Consumer Sciences and Human Services

Adoption Guide

For additional information (e.g. pricing, copyright, ISBN) and Idaho completed evaluations, please contact the curricular materials coordinator.

Materials in this guide are contracted from November 2020-December 31, 2026

GRADES 9-12

Cengage

Milady, Standard Cosmetology

- **Recommendation: Comprehensive**
 - Strengths: The standards each can be found in the text. Milady ensures that each area has a high level of information that correlates with the industry guidelines and expectations. The standards were easily accessible and fulfilled more than the minimum requirements. The curriculum offers a range of methods for many learning situations. Students can choose from a variety of resources that will allow them to gain the education being presented. The book is laid out in a consistent manner that students begin to recognize as they use the text. Students can find information for both practical applications and the theory that coincides with it. Rubrics are added for proper and fair grading consistently for each student.
 - Weaknesses: Milady gives many examples of practical applications for different salon services. All are done in a correct manner. Newer updated versions of styles, hair-color applications and perm services are not part of the text at this time.
 - Key Features: For decades since the first Milady textbook was published, it has been our commitment to provide students with the foundation in the principles and skills needed to master the science and art of cosmetology, and with this version that commitment has not wavered. For this edition, celebrity stylist Ted Gibson served as Creative Director on the project. The result is a brilliant design with over 750 new photos and a gorgeous layout, providing a visually stunning resource to engage today's learner. We also recruited a team of twelve authors, made up of top professionals and educators in the industry, to provide the most current information on concepts and techniques. During our extensive peer review and development process, we were asked for a resource that placed emphasis on essential content needed for licensure success, and

we feel confident that we delivered. Milady Standard Cosmetology will continue to be a source of education that students can count on, not only while in school, but throughout their careers.

Other features:

- Four new natural hair care, step-by-step procedures have been added, helping students establish a more versatile foundation of working with various hair types.
- The Haircutting chapter has been reorganized into a more systematic approach, progressing from the foundational haircutting principles to more advanced techniques, assisting instructor and students alike.
- Infection control content was thoroughly revised ensuring students follow the latest health and safety standards to protect themselves and their clients, as well as adhere to state and federal regulations.
- The Makeup chapter has been updated, offering the essential information in applying basic makeup, as well as false eyelash application services for both strip eyelashes and individual eyelashes, allowing for additional education on these key services.
- Digital resources, such as eBooks, are available separately, providing an innovative and user-friendly experience.
- Learning objectives are listed at the start of each chapter, for ease of reference and to reinforce main competencies, and have been modified so each outcome can be measured by reading or practicing lesson content.
- The end of chapter glossary includes phonetic pronunciations for difficult terms, as well as the page number where the key term is discussed, providing an effective resource for students to create flash cards or study for vocabulary quizzes.
- Multiple left-handed procedures are included, providing a visual aid for left-handed students.
- Provides a variety of features such as: Focus On, Did You Know?, Activity, Here's a Tip, Caution, State Regulatory Alert and Web Resources, that are interspersed throughout the text for additional learning and retention.
- Co-Authored by 12 of the top professionals and educators in the industry: Jason Backe, Carlos Cintron, C. Jeanine Fulton, Diane DaCosta, Dr. Roychen Joseph, Mary Ann Kilgore, Dr. Mark Lees, Veronique Morrison, Aliesh Pierce, Alisha Rimando Botero, Leslie Roste and Ronald Williams.
- Additional resources for topics such as Natural Hair Care, Braiding, Haircutting, Hair Coloring, Chemical Texture Services, Updos and Razor Cutting are available separately and can be seamlessly used in conjunction with the primary Standard Cosmetology textbook.

CEV Multimedia

iCEV Family & Consumer Sciences Site – Culinary Arts

- **Recommendation: Comprehensive**
 - Strengths: Material is very diverse. The materials meet the needs of a variety of classroom students and has differentiated instruction. The material is updated with lots of options; has access to multiple tools. It is easy to navigate and learn.
 - Weaknesses: The material could use some additional information in regards to proper food safety and temperatures.
 - Key Features:
 - Multimedia-based, online curriculum
 - Featuring state-aligned pacing guides and custom playlists
 - Up-to-date, relevant video segments, slide series and other resources
 - Quality, accurate content featuring industry experts
 - Engaging lessons can be viewed on most devices, i.e. PC, Mac, iPad, tablets, etc.
 - Student licenses promote self-paced learning
 - Curriculum provides time-saving lesson plans, thought-provoking student activities, real-world projects and pre-made assessments
 - Career exploration and guidance highlighted in each lesson

The Dibble Institute

Mind Matters: Overcoming Adversity and Building Resilience

- **Recommendation: Intervention**
 - Strengths:
 - Great help in understanding the emotions of others, cooperation and compassion for others, dealing with trauma, and setting a road map for life in the future
 - Skills for movement and emotional management are paired and practiced in different modes: movement exercises, clubs and self-defense teams, yoga, and exercise programs for students to find multiple ways to connect with the skill
 - Every lesson includes practicing a mental and emotional skill and the participant journal has varying written and visual activities such as coloring, written response, charting emotions, etc. for visual, auditory, and kinesthetic learners
 - Weaknesses: Limited use for the entire class as it does not match many of the Performance Standards.
 - Key Features: Mind Matters teaches students the knowledge, skills, and habits that cultivate healing and clear away distractions to learning and healthy relationships. Mind Matters' practical, hands-on lessons explore the effects of adversity and toxic stress while equipping participants to begin their healing process. Each lesson includes

activities that build resilience and increase hope. Mind Matters can be used to prevent violence, address chronic absenteeism, and build a culture of wellness.

Relationship Smarts PLUS 4.0:13 Lessons for teens about love and romance Sexual Risk Avoidance Adaptation

- **Recommendation: Component**

- Strengths:
 - User friendly--provides the students the opportunity to review, reflect, & apply their learning
 - Videos, images, numerous music videos and songs, clips, and TedTalks used within the lesson content.
 - Activities of journaling, discussion activities, and art activities all cater to different learning styles
- Weaknesses: Limited use for the entire class as it does not match many of the Performance Standards.
- Key Features: Relationship Smarts PLUS Sexual Risk Avoidance Adaptation (SRA) helps teens make healthy relationship, dating, and sexual decisions for themselves by focusing on their futures. It is a lively, media-infused and activity-based comprehensive healthy relationship skills and sexual risk avoidance program for young teens. The curriculum's 13 lessons embody an innovative and integrated approach that addresses: positive youth development, life skills, healthy relationships, communication/conflict management, dating violence, sexual delay and risk avoidance. It includes core concepts of self-awareness, development of healthy relationships, potential problems, warnings, and dangerous relationships, communication and conflict, skills for sexual delay, the Success Sequence, and impact of social media.

Love Notes 3.0 SRA: Relationship Skills for Love, Life, and Work Sexual Risk Avoidance Adaptation

- **Recommendation: Component**

- Strengths:
 - User friendly--provides the students the opportunity to review, reflect, & apply their learning
 - Videos, images, numerous music videos and songs, clips, and TedTalks used within the lesson content.
 - Activities of journaling, discussion activities, and art activities all cater to different learning styles
- Weaknesses: Not a comprehensive curriculum. Does not cover many performance standards related to early childhood education, life and resource management, healthy nutrition, and career ready practices.
- Key Features: Unplanned pregnancy, single parenting, and troubled relationships are a serious threat to the well-being and futures of many young adults, as well as to their

children. Love Notes was created for this vulnerable, high-risk audience. In 13 lessons, participants discover, often for the first time, how to make wise choices about partners, sex, relationships, pregnancy, and more. This version includes content important to today's youth, including sexual consent, sexual assault, cyber bullying, online porn, drugs & alcohol – and their impact on relationships, and sexting.

Rather than focusing on what to avoid, Love Notes builds assets and appeals to aspirations. It offers young people new conceptual frameworks to help them make informed decisions instead of sliding into unplanned choices that can derail their lives.

eDynamic

Early Childhood Education 1a: Introduction & Early Childhood Education 1b: Developing Early Learners

- **Recommendation: Component**
 - Strengths: The online materials are user friendly.
 - Weaknesses: Not complete information, materials need much more details to fully address some standards.
 - Key Features: Early Childhood Education 1a examines the fundamentals of childcare - nutrition, safety, complex relationships caregivers have with parents and children. Students explore life stages of child development. Early Childhood Education 1b discusses the importance of play and uses that as a springboard to create engaging educational activities that develop literacy and math skills through each stage of childhood.

FCCLA

Career Connection

- **Recommendation: Component**
 - Strengths: The FCCLA Career Connection curriculum is an easy to access teacher resource that supplements a Career-based course of study. For Family and Consumer Sciences, it can supplement coursework for cluster courses such as Careers and Personal Development, Teen Living, Adult Living, and Strategies for Success in grades 6-12. The curriculum can also be used to supplement curriculum in FCS industry-aligned pathways. The curriculum offers multiple resources related to self-assessment, goal-setting, workplace environments, and identifying personal strengths and weaknesses (transferable skills) that can be of benefit in a variety of careers. There are 4 Units titled “My Skills”, “My Life”, “My Career”, and “My Path” that build on each other to guide students through the process of investigating careers that would fit individual wants and needs, skills and interests, and lifestyle. There are more than 200 handouts / activity

sheets that an instructor can access to supplement the curriculum. Additionally, there are 8 comprehensive lesson plans that are designed as Project Based Learning (PBL) to support a wide range of performance indicators. There are two PBLs for each of the 4 units and are designed as a final assessment for each unit. The Comprehensive Guide is designed to lead the teacher through the curriculum and serves as a resource for the teacher to choose learning activities that best meet the needs of students in the classroom. The learning activities are short, promote higher order critical thinking and reflection, and are designed for individual, small group, and whole group activities. The lessons and activities incorporate 21st century skills such as critical thinking, problem solving, collaboration, and communication. Use of the curriculum will help students become aware of employer expectations and assist in helping students developing workplace readiness skills needed to enter the workforce. There are also activities related to choosing post-secondary education as a possible option after high school graduation. Overall, the curriculum is user-friendly with a wide variety of supplemental resources.

- Weaknesses: There are several weaknesses with the program. 1. There is little help for the instructor on suggestions for accommodations. 2. The 200+ learning activities provide variety, but there is a lot of overlap and redundancy in some of the activities. This is a strength and a weakness. It provides the teacher with a lot of options to choose from and assess which resource(s) best meets student needs. However, the large number of resources can also be overwhelming when trying to find an activity. 3. An instructor must either know how to quickly navigate the Curriculum Guide, which is 276 pages long or identify the right key word(s) to find a resource. Then the teacher has to match the resource with the lesson plan in the Curriculum Guide. Toggling back and forth can be overwhelming and a teacher may not be persistent in using the resource because of the difficulty in finding a resource. This would not be a problem if the resource were used from start to finish, but due to the overlap in learning activities, it seems unlikely that teachers would use every activity and would be more likely to be looking for specific resources to fit a standard or performance indicator. 4. This curriculum is presented as PDF documents on a flash drive. Half of the documents will not open. Every activity is on the drive twice. Half will open and half will not. This is a frustration that took some time to discover. 5. The final weakness, but likely the most important to address is the lack of variety to reach different learners. The handouts/ activities are designed like a workbook. They are black and white and not visually appealing. Use of these handouts on a daily basis would likely disengage students over a period of time. There is a lack of material to reach the auditory and kinesthetic learner and the majority of the curriculum is seatwork. There also is a lack of presentation materials for the teacher to utilize such as PowerPoint or Prezi presentations, video

- resources, and online resources. Although the publisher indicates that there are PowerPoints, there is only one (which is the 256-page Curriculum Guide to be used by the instructor) or these were excluded from the resources provided to the evaluators.
- Key Features: FCCLA's Career Connection national peer education program guides students to develop, plan, carry out, and evaluate projects to discover their strengths and then develop and practice career-ready skills. Career Connection helps members learn more about themselves, the workplace, and careers so that they can put themselves on the pathway to future success. The projects that members conduct around Career Connection units will give them the confidence to face the thousands of overwhelming options that come with future career decisions. Through their projects, members experience career preparation and improve their critical and creative thinking, interpersonal communication, practical knowledge, and real-world skills.

Financial Fitness

- **Recommendation: Component**

- Strengths: Curriculum and resources directly align with the national student organization for our program pathway, Family, Career and Community Leaders of America (FCCLA), an active FCCLA chapter is a required component of our FCS programs for funding from the Division of Career and Technical Education. Content within resource is current and accurate. Financial Fitness Program Guide provides clear and concise directions to teacher on delivery of content and activities. Resources and Handouts are electronically embedded in program guide facilitating ease of access for teacher during planning.
- Weaknesses: Resources, aligned rubrics, scoring guidelines and exemplars are not editable for the teachers ease of use. Curriculum does not meet the following performance indicators of the standards:
 - Analyze account statements for accuracy and reconcile a checking/debit account.
 - Analyze how inflation affects financial decisions (ex. investments, purchasing power)
 - Calculate appreciation and depreciation of assets over time.
 - Compute the total cost of various types of credit (ex. credit cards, installment credit, revolving credit, mortgages, pay day loans, automobiles, student loans, home equity, repayment options.
 - Create a model for comparing savings and investment results using appropriate technology (ex. graphing or internet calculator)
 - Compare the returns of taxable investments with those that are tax-exempt or tax-deferred, including traditional IRA vs. Roth IRA.
 - Complete sample tax forms (ex. Understanding Taxes by the IRS, forms such as 1040EZ, W-2, W-4, and 1099.

- Analyze the application and impact of various forms of taxation on individuals, families, and public agencies (estate tax, inheritance tax, luxury tax, sales taxes, property taxes, usage tax, etc.).
- Curriculum does not provide guidance for access and equity related to support of differentiated and culturally responsive instruction, such as:
 - Suggestions for how to promote equitable instruction by making connections to culture, home, neighborhood, and community as appropriate.
 - Appropriate scaffolding, interventions, and supports, including integrated and appropriate reading, writing, listening, and speaking alternatives (e.g., translations, picture support, graphic organizers) that neither sacrifice content nor avoid language development for English language learners, special needs, or below grade level readers.
 - Digital and print resources that provide various levels of readability.
 - Modifications and extensions for all students, including those performing above their grade level, to deepen understanding of the content.
 - Materials in multiple language formats.
 - Material does not provide opportunities for supporting English language learners to regularly and actively participate with grade-level text.
- Key Features: Financial Fitness engages members in teaching one another how to earn, spend, save, and protect money wisely. Through FCCLA's Financial Fitness program, members plan and carry out projects that help them and their peers learn to become wise financial managers and smart consumers. FCCLA members can build their peers' financial literacy and teach them skills for managing their finances.

Student Body

- **Recommendation: Component**
 - Strengths: The text is a great opening to the world of Photoshop and Illustrator for students with novice and intermediate levels of acquaintance with this industry standard software. The modeling of the examples and then the end of chapter activities offer opportunities for students to first model and then create and synthesize projects using the software.
 - Weaknesses: This curriculum will not prepare students for the associated Adobe exams in CTE.
 - Key Features: The FCCLA Student Body national peer education program helps young people learn to eat right, be fit, and make healthy choices. Its goals are to: help young people make informed, responsible decisions about their health, provide youth opportunities to teach others, and develop healthy lifestyles, as well as communication and leadership skills. The teen years are an ideal time to establish healthy attitudes and habits to last a lifetime, which is why Student Body gives members the facts and incentives they need to build a healthy body.

Houghton, Mifflin, Harcourt

Professional Cooking

- **Recommendation: Component**

- Strengths: More post-secondary book. Includes most of the standards. Great resource book.
- Weaknesses: Lacks key areas for secondary students, cooling and storage, demonstrations, and plating.
- Key Features: The Ninth Edition of Professional Cooking reflects the changes in cooking and related fields such as food safety, nutrition, and dietary practices, as well as pedagogy, while still focusing on the essentials: the comprehensive understanding of ingredients and basic cooking techniques that are the foundation of success in the kitchen, and the development of manual skills to apply this knowledge. Recipes are planned and organized to reinforce the basic skills being taught and reveal the connection between general theory and specific application. In each case, specific recipes follow theories, guidelines, and general procedures applicable to a defined category of foods and/or cooking methods. Recipe variations encourage students to apply these procedures to other ingredients, and to see the similarities and differences among preparations. Core recipes usually directly follow a procedure and are chosen as clear and direct applications of a fundamental technique. International and regional cuisines play important roles in the evolution of cooking in North America, and the text reflects that importance with approximately 130 international recipes. Approximately 475 recipes suitable for a vegetarian diet are indicated by a symbol. Photographs accompanying the recipes illustrate a variety of preparations and plating styles. Chapter 4, “Menus, Recipes, and Cost Management” ensures students know how to use the recipes in this book as well as understand the structure and limitations of the many recipes they will use in their careers. Nutritional analyses are included for each main recipe. These analyses were done using the software program Genesis R&D 8.4.0, which calculates nutrients based on ingredients, but actual nutrients in a prepared dish can vary based on different factors. Pronunciation Guides and Glossaries help students master cooking vocabulary. Illustrations and photographs from the cook’s point of view show basic techniques, show equipment, or illustrate ingredients and finished dishes. Online CulinarE-Companion Recipe Management Software allows web-based access via any device to all the recipes in the book and bonus recipes; recipe management, modification, and creation; nutritional analyses; nearly 200 technique videos demonstrating essential kitchen skills; food costing and unit conversions; and more.