

Health

Resources- Recommended
Grades K-12

Contracts effective through December, 2015. Contracts extended through December, 2018. Please contact publishers directly before ordering any curricular materials. Newer editions may be available.

Resources - Recommended							
Publisher	Title of Material	Author	Copyright	Grade Level	ISBN Number	R=Resource Correlation*	
CAMH Centre for Prevention Science (Interim 2010)	Youth Relationships Program featuring the Fourth R for Healthy Relationships (A Relationship-Based Program for Seventh Grade Students in the State of Idaho)	Debbie Townsley, Ray Hughes	Sept., 2009	7	N/A	R See Notes	
							Notes: Approved as a "Resource Only". Program focuses on relationships and sexual health. Correlates 83% to national health standards for relationships and sexual health.
							Key Features: Fourth R initiatives use best practice approaches to target multiple forms of violence, including bullying, dating violence, peer violence, and group violence. By building healthy school environments we provide opportunities to engage students in developing healthy relationships and decision-making to provide a solid foundation for their learning experience. Increasing youth relationship skills and targeting risk behaviour with a harm reduction approach empowers adolescents to make healthier decisions about relationships, substance use and sexual behaviour. It provides teens with opportunities to learn general communications skills and practice specific strategies, using skills practice and role play, to build healthier relationships and reduce risk of violence. It also addresses the influence of media. The program provides whole-class, small group, and dyadic discussion opportunities to process the issues with peers and the teacher, as well as opportunities to examine individual values, beliefs, boundaries and limits.
	Supporting Materials: Laminated Resources; Guidelines for Respondent; Quiz, Quiz, Trade Cards; True & False Laminated Cards; Advertisement Cards; Terms & Definition Cards; Categories of Drugs Cards. DVD Resource: Skills for Effective Relationships; CD Resource – Electronic master files of handouts, overheads, and evaluation measures						
CAMH Centre for Prevention Science (Interim 2010)	Youth Relationships Program featuring the Fourth R for Healthy Relationships (A Relationship-Based Program for Seventh Grade Students in the State of Idaho)	Debbie Townsley, Ray Hughes, Claire Crooks	Sept., 2009	8	N/A	R 82%	
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Supporting Materials: Laminated Resources; Guidelines for Respondent Poster; Quiz, Quiz, Trade cards; Forms of Violence Cards; Four Corners cards; Media Ad Cards. DVD Resources: Skills for Effective Relationships; Role Play Examples and Debriefing; CD Resource – Electronic master files of handouts, overheads, and evaluation measures.