"Everything in your life is a reflection of a choice you have made. If you want a different result, make a different choice."

"It is not our abilities that show what we truly are; it is our choices."
-Dumbledore

The 3 C's in life: Choice, Chance, Change.
You must make the Choice, to take the Chance, if you want anything in life to Change.

Falling down is an accident.
Staying down is a choice.

No matter how long you have traveled in the wrong direction, you always have the choice to turn around.
The capacity to learn is a **gift**; the ability to learn is a **skill**; the willingness to learn is a **choice**.

Brian Herbert
In any given moment we have two options: to step forward into growth or to step back into safety.

- Abraham Maslow

There comes a time when you have to choose between turning the page and closing the book.