THE STRONGEST PEOPLE ARE NOT THOSE WHO SHOW STRENGTH IN FRONT OF US BUT THOSE WHO WIN BATTLES WE KNOW NOTHING ABOUT.

Stars Can't Shine Without Darkness

The thing about being Brave is it doesn't come with the absence of fear and hurt. Bravery is the ability to look fear and hurt in the face and say move aside, you are in the way.

- Melissa Tunno

Sometimes, you have to get knocked down lower than you have ever been to stand back up taller than you ever were.
It takes nothing to join the crowd. It takes everything to stand alone.

- Hans F. Hansen

“An arrow can only be shot by pulling it backward. So when life is dragging you back with difficulties, it means that it’s going to launch you into something great.” – Unknown

YOU MUST DO THE THING WHICH YOU THINK YOU CANNOT DO.

— Eleanor Roosevelt —

“WHERE THERE IS NO STRUGGLE, THERE IS NO STRENGTH.”

— Oprah Winfrey —