

Cerebral Palsy

Cerebral Palsy is a chronic disorder resulting in an abnormal impairment of the nervous system. Cerebral Palsy is a permanent non-progressive disorder caused by damage to the immature brain. It involves the areas of the voluntary muscle involvement and posture. It significantly interferes with normal function such as walking, sitting and motor skills.

Symptoms

- Spasticity
- Tremors
- Rigidity
- Tooth decay
- Slow development
- Purposeless body movement
- Poor co-ordination
- Cross-eye
- Fever
- Seizures
- Varied degree of intellectual disability

Diet Recommendation

- Diet will depend on the status of the disease
- Mild status:
 - Soft, chopped diet – refer to textured diet handout
- High status:
 - Dysphagic – refer to texture diet handout