



Smart Snacks in School Policy

Idaho State Department of Education - Child Nutrition Programs

The Healthy Hunger-Free Kids Act of 2010 directed the USDA to establish nutrition standards for all foods and beverages sold to students on the school campus during the school day, including foods sold through school fundraisers. For the purpose of the Smart Snacks in School nutrition standards, school day is defined as the period from the midnight before to 30 minutes after the end of the instructional day. Smart Snacks nutrition standards encourage healthy choices by making available more of the foods and beverages that research has shown are essential for health, such as whole grains, fruits and vegetables, leaner protein, lower-fat dairy – while limiting foods with high sugar, fat, and sodium content. Smart Snacks standards apply to schools that participate in the USDA School Meals Programs: the National School Lunch Program and/or the School Breakfast Program.

Please see additional information and guidelines on the specific nutrition standards at the USDA Smart Snacks webpage.

USDA gave each state the flexibility to set a limit on the number of exempted fundraisers allowed that sell foods or beverages which do not meet the Smart Snacks nutrition standards.

The Idaho State Department of Education has set a limit of ten exempted fundraisers per year per school site. Federal Regulation requires all fundraisers, both exempted and Smart Snacks compliant, to be tracked. Pre-approval from the State agency is required for all exempted fundraisers beyond the ten locally approved exempted fundraisers. This approval requires the tracking documentation used by the school administrator for all fundraisers held during the year.

Each fundraiser must be no longer than four consecutive days of duration.

A designated person at each school site or Local Education Agency must be responsible for tracking all fundraisers occurring at each school site.

Local education agencies will have permission to request approval for additional numbers of fundraisers to be held in their schools. This exempted fundraiser request process can be found on the Idaho State Department of Education, Child Nutrition Programs Smart Snacks webpage.

Smart Snacks standards do not apply to items sold during non-school hours (such as afterschool events or activities), items sold off-campus (such as during weekends), or items intended to be consumed outside of school (such as cookie dough and raw pizza kits).

Exempted fundraiser foods or beverages must not be sold in competition with school meals in the food service area during the meal service.

Smart Snacks standards do not apply to celebrations or other events that do not sell foods or beverages to students (such as an in-class birthday party). Check your Local Wellness Policy for direction as it may prohibit providing foods and beverages that do not support the Smart Snack standards; a school district participating in the USDA School Meals Programs must have a Local Wellness Policy which covers nutrition, physical activity, and wellness.

Please remember: If a fundraiser will provide foods and beverages which are not Smart Snacks compliant, an exemption must be used. If a fundraiser will provide foods and beverages which are Smart Snacks compliant, an exemption is not necessary, but must be tracked.

The Idaho Child Nutrition Programs state Agency will monitor Local Educational Agency compliance with the Smart Snacks Standards when conducting an Administrative Review.

This institution is an equal opportunity provider.

For Questions Contact

Idaho Child Nutrition Programs
Idaho State Department of Education
650 W State Street, Boise, ID 83702
208 332 6820 | <http://www.sde.idaho.gov/cnp/sch-mp/snacks.html>