IDAHO COMPETENCIES, SUBSKILLS AND PERFORMANCE DESCRIPTORS LEVELS 1-3



Idaho State Department of Education MASTERY EDUCATION

650 W STATE STREET, 2ND FLOOR BOISE, IDAHO 83702 208 332 6800 OFFICE WWW.SDE.IDAHO.GOV

CREATED 12/21/2020



TABLE OF CONTENTS

1. KNOWLEDGE OF CORE SUBJECTS	
2. CRITICAL THINKING & CREATIVE PROBLEM-SOLVING	5
3. ORAL & WRITTEN COMMUNICATIONS	7
4. TEAMWORK & COLLABORATION	9
5. DIGITAL LITERACY	10
6. LEADERSHIP	11
7. PROFESSIONALISM/WORK ETHIC	12
8. CAREER EXPLORATION & DEVELOPMENT	14
9. CITIZENSHIP & CIVIC RESPONSIBILITY	15
10. FINANCIAL LITERACY	17





1. KNOWLEDGE OF CORE SUBJECTS

Possess proficiency in the core subjects (language arts/communication, math, science, social studies, humanities and health/wellness), and ability to apply this knowledge and understanding to be successful in college or the workplace.

	LEVEL 1	LEVEL 2	LEVEL 3
1.1 Choose and apply learning strategies	With guidance, I can notice details in a book or picture (e.g., cover, title, bold print, characters, icons) to help me make a prediction, or to connect to something I already know. With guidance, I can ask and answer questions about a topic or text. With guidance, I can notice when I am stuck on a task, and I can try a strategy to help me get unstuck (e.g., try again, try another way, look for clues, ask for help).	I can notice details in a book or picture and use them to help me make connections and/or pose questions that help me get ready to read or watch. I can learn and try one or more comprehension strategies (i.e., predict, connect, question, visualize, determine importance, infer, synthesize) to help me make meaning of a topic or source. I can notice when I am stuck reading, and I can take steps to persist (e.g. reread, use pictures/headings to help, look at words before/after for clues).	I can learn and use comprehension strategies to help me understand and make meaning of a topic or source. I can notice when I get stuck reading or completing a task, and I can choose a strategy to help me persist through the challenge.
1.2 Conduct Inquiry Progression continued on next page	Working together, I can notice things around me and ask questions. With guidance, I can use a provided source and/or choose a source to learn more about our topic or question. I can pick out relevant details from a source. I can share something I learned that I didn't know before.	With guidance, I can notice things around me and then come up with a question that will help me learn more about a topic or about the way something works. I can use a provided source and/or choose a source to learn more about our topic or question. I can identify key information and explain how it relates to the topic or question at hand. I can share what I learned about the topic from the source.	I can frame a research question about my observations on a topic I am investigating. With guidance, I can select different types of sources (e.g., primary or secondary texts or media, model performances, data sets, other exemplars) related to the topic or question. I can summarize key information from the sources and connect it to my research question. I can articulate my new learning or insight about the topic or question.





1. KNOWLEDGE OF CORE SUBJECTS continued

	LEVEL 1	LEVEL 2	LEVEL 3
1.3 Evaluate ideas/ concepts	I can ask questions about something I don't understand. I can talk, write, or draw to show what I think about an idea, event, or topic.	I can ask questions about a topic, concept, or event to help me understand more about it. I can share my opinion about the topic, idea/concept, or event and use details to explain why I have that opinion.	I can pose questions that will help me understand a topic, concept, or event, examine relevant data, and summarize or synthesize what I learn (e.g. through discussion, writing, graphing). I can use what I learn to form a position about the topic, concept, or event, providing evidence to support my perspective.
1.4 Apply knowledge and skills to authentic tasks	I can explain a task (e.g., an authentic assignment, a problem, a design challenge) I'm working on. I can follow or, with guidance, plan the steps to complete a task.	I can organize the important information I'm given about a task. I can plan the steps to complete a task.	I can organize the important information given about a task in a way that helps me better understand the task. I can determine what is needed to complete the task/solve the problem. I can make a plan for completing the task, including key steps and deadlines.



2. CRITICAL THINKING & CREATIVE PROBLEM-SOLVING

Exercise sound reasoning to analyze issues, make decisions, identify problems and use good judgment to implement solutions and overcome problems. The individual is able to obtain, interpret, and use knowledge, facts, and data in this process, and may demonstrate originality and inventiveness.

	LEVEL 1	LEVEL 2	LEVEL 3
2.1 Analyze issues in various contexts	I can learn about a problem in my community. With guidance, I can share my opinion about the problem/issue. I can ask questions about the problem to help me understand it better.	I can learn more about an issue in my community, including why it happens and who or what is impacted by it. With guidance, I can express my opinion about the issue and conduct research to help me better understand the issue. I can make connections between the issue and my own experience or knowledge.	I can analyze an issue to determine its causes and effects, the surrounding factors that shape the issue, and the experiences and/or needs of the people involved. I can explain my own perspective on the issue, and I can conduct research to help me better understand. I can make connections between the issue and my own experiences and other issues or examples I have learned about.
2.2 Solve mathematical problems	I can say what the problem is in my own words. With guidance, I can draw it or picture it in my mind. I can state my answer to the problem, and show the steps that I took to come to my answer.	I can rephrase the problem in my own words, and organize the information given to help me find a way to solve the problem. With guidance, I can choose and apply at least one strategy (i.e., Math Habits of Mind: visualize, question, experiment, identify patterns, tinker, conjecture) to begin testing out a solution.	I can organize the important information in a way that helps me better understand the information provided, ask questions, and identify a starting point for solving it. I can choose and apply one strategy to build a solution, and test my solution to make sure it is correct. I can check that my solution is reasonable and
Progression continued on next page		I can determine if my answer does or does not make sense. I can state my answer to the problem using correct notation, and I can explain how I solved the problem.	free from computational errors. I can state my answer to the problem using correct mathematical notation. I can discuss my solution pathway orally or in writing.





2. CRITICAL THINKING & CREATIVE PROBLEM-SOLVING continued

	LEVEL 1	LEVEL 2	LEVEL 3
2.3 Design and test solutions	Working with others, I can notice when something around me isn't working right, and we can brainstorm what to do about it. Working with others, I can try a solution to a problem and say how well it worked.	I can identify a problem that I can try to solve. I can brainstorm several solutions to the problem and select one to try. With guidance, I can build a prototype/model.	I can research and describe a problem, including any constraints that I must keep in mind. With guidance, I can define success criteria. I can brainstorm multiple solutions to the problem, including solutions that take an original approach, and select one or two to move forward. I can build a prototype/model that meets my success criteria, including any constraints.
2.4 Construct evidence- based arguments	I can share my opinion on a topic, and share one or two reasons for my opinion. With guidance, I can provide reasons or examples to back up my opinion.	I can form an opinion about a topic or issue, and provide at least one logical reason to support my argument. I can support each reason with relevant evidence from sources and/or from personal experience, and present my ideas in a logical order.	I can make an arguable claim about a topic or issue that is supported by multiple logical reasons and relevant evidence. I can support each reason with relevant evidence from credible sources. I can organize my ideas in a logical order based on my argument. I can briefly mention one or more counterclaims.





3. ORAL & WRITTEN COMMUNICATIONS

Articulate thoughts and ideas clearly and effectively in written and oral forms. The individual has public speaking skills; is able to express ideas to others; and can write/edit correspondence and reports clearly and effectively.

	LEVEL 1	LEVEL 2	LEVEL 3	
3.1 Develop ideas for a specific	I can choose the main thing I want to share with my audience. I can say what my purpose is for	I can choose a central message (e.g., thesis, claim, plot) and determine my purpose and audience for my product/performance.	I can choose a focused central message for my product/performance, drawing on sources when applicable.	
purpose	sharing. I can choose the details I want to share. I can put the details in the order that	With guidance, I can decide on one or two things that I know my audience will be interested in.	I can implement one or more specific ideas for tailoring my product to my purpose and audience.	
	makes sense.	I can choose details and information that support my central message, and organize them in a way that will help my audience	I can choose important details and/or evidence to help develop my central idea and achieve my purpose.	
		understand my message and follow along easily.	I can organize my ideas in a logical way that is easy for my audience to follow.	
3.2 Engage in academic discussion	I can listen without interrupting when others are speaking. When it's my turn, I can share an idea or	I can follow discussion norms (e.g., active listening, avoid interrupting others, share airtime).	I can come to the discussion having completed the prep work necessary, and I can follow established norms for the discussion.	
with others	when it's my tarm, i can share an idea of	thoughts about the topic or question When it's my tasked. respond to a contract the topic or question when it's my tasked.	When it's my turn, I can share my ideas, respond to a question or prompt, or pose a	I can respond to questions or prompts in a way that shows my knowledge of the topic.
	question about the topic. I can show respect for the views of others.	I can pose specific questions related to the topic, and demonstrate active listening (e.g., focused listening, eye contact, receptive posture) and respect for different opinions.		
Progression continued on next page			I can reflect on how well the discussion went and what I learned.	





3. ORAL & WRITTEN COMMUNICATIONS continued

	LEVEL 1	LEVEL 2	LEVEL 3
3.3 Prepare and finalize	I can talk with others about my work and the choices made and why.	I can use criteria to self-assess and identify areas for improvement.	I can use criteria to self-assess and identify areas for improvement.
ideas in	I can use feedback to improve my work.	I can use feedback to improve my product .	I can use feedback to improve my product for
written	I can share about what I liked about my	I can edit my final product to ensure it meets	my specific audience and purpose.
formats	work.	the guidelines provided by my teacher.	I can edit my final product to ensure it follows conventions and standards for the chosen
		I can explain what I did well and what I would change the next time.	genre.
			I can reflect on my final product to identify areas of strength and areas for improvement.
3.4 Deliver presentations	I can say what I will talk about (my main idea).	I can organize my presentation so there is a clearly organized beginning, middle, and end.	I can engage my audience with a hook that connects to my central idea, present my central
	I can share details to help my audience understand what I am talking about,	contact with my audience. way, and conclude by	idea and supporting details in an organized way, and conclude by reviewing key ideas or
	using a picture or item that relates.	I can practice or rehearse my performance	providing closure.
	I can speak loudly and clearly so my audience can hear me.	before I share (when applicable).	I can speak loudly and clearly, make eye contact with my audience, and keep my place and pace during my presentation.
	I can say something to clearly end my		
	presentation.		I can practice or rehearse my performance, and make one or more adjustments to prepare for my performance.





4. TEAMWORK & COLLABORATION

Build collaborative relationships, work effectively within a team structure, and negotiate and manage conflict.

	LEVEL 1	LEVEL 2	LEVEL 3
4.1 Build collaborative relationships	With guidance, I can work with my team to say what we are going to do and when we are going to do it.	I can learn about what my teammates like to do and share what I like to do. With guidance, I can work with my team to create a goal for our project. With guidance, I can help create and implement a step-by-step plan for our project or task.	I can learn about my teammates' strengths and share my strengths. I can work with my team to create a specific goal or purpose statement and success criteria. I can work with my team to develop and implement a detailed project plan that includes milestones and due dates. I can check in to see how my teammates are doing as we are working and offer encouragement as needed.
4.2 Contribute to team roles and responsibilities	I can explain my role on my team and how I will help my team complete its work. With guidance, I can create a plan to complete my tasks. I can ask for help when I need it.	I can explain my role on my team and how that role is important to the team meeting its goals. With guidance, I can create a plan to complete my tasks on time. I can ask for help when I need it.	I can explain my role and responsibilities and how that they are important to the team meeting its goals. I can create a plan to complete my tasks on time. If I need help, I can seek it out in advance so that I finish my work on time.
4.3 Navigate interpersonal conflict	If I notice a problem, I can think about a way to solve it. If I can't solve a problem, I can ask my teacher for help.	If I notice a problem, I can try to figure out the cause of the problem. With teammates, I can discuss the problem and we can try the solution. If my team can't solve a problem together, I can ask my teacher for help.	I can notice when an interpersonal problem/issue has emerged while working in a group setting, and I can engage my teammates in addressing it. I can work with others to identify possible causes of the challenge. With guidance, I can help brainstorm ideas for addressing the challenge and take active steps to address the challenge.





5. DIGITAL LITERACY

Confidently and effectively perform tasks in a digital environment through the use of information and communication technologies to find, evaluate, interpret, create and communicate ideas and information requiring both cognitive and technical skills.

	LEVEL 1	LEVEL 2	LEVEL 3
and evaluate story that relates to our topic or online sources question. sources that question.	story that relates to our topic or	With guidance, I can choose one or more sources that relate to our topic or question. I can locate information about who created the	With guidance, I can choose multiple, diverse sources that provide different points of view on a topic or question.
	source and when.	I can use information about the source (e.g., currency, relevance, authority, accuracy) to decide whether the source is reliable, and whether I should use it in my academic work.	
5.2 Develop and apply knowledge of	I can talk about ways to keep myself safe in my community and my home.	With a trusted adult, I can explore websites and talk about how to keep myself safe online.	With guidance, I can create and manage my digital identity and understand the permanence of my online activity.
safety, privacy, and fair use practice			With a trusted adult, I can explore websites and applications, learn how websites and applications can watch what I do and use my information, and develop practices for protecting my safety online.
5.3 Create and communicate	I can use a digital tool (e.g., drawing app, Google Slide) to create and/or	With guidance, I can choose a way to share my ideas with others outside of my class or family.	I can choose a way to share my message with my audience that will help achieve my purpose.
in a digital environment	share something I've made. I can share what I liked about using the tool, and/or what I found challenging about it.	I can choose a digital tool and/or materials (e.g. paints, writing tools, software) that are a good fit for the product I want to create.	I can choose digital tools that are best suited to the product I want to create and will help me collaborate with others (when applicable).
			I can edit my work to create the best version of it.





6. LEADERSHIP

Leverage the strengths of others to achieve common outcomes or goals, and use interpersonal skills to encourage others. The individual is able to assess their emotions; use empathetic skills to guide and motivate; and organize, prioritize, and delegate work.

	LEVEL 1	LEVEL 2	LEVEL 3
6.1 Organize a team to work effectively	With guidance, I can say what I think our goal is. With guidance, I can help make sure my partners/teammates know what we're supposed to do.	I can make sure each teammate hears and understands the goal and task we've been given. I can work with my team to set a date for when we'll finish our team task.	I can lead my team in creating a goal statement together, based on project information provided. I can work with my team to break the task into parts ("milestones"), and set due dates for each milestone.
6.2 Encourage, guide, and motivate others	With prompting, I can see if anyone needs help. I can say what I like about someone else's work.	As we are working, I can check in to see how my teammates are doing and offer to help if they need it. I can encourage my teammates and say what I like about their work.	As we are working, I can check in to see how my teammates are doing, and I can give feedback based on our deadlines and our goals. I can encourage my teammates and offer specific support.
6.3 Organize, prioritize, and delegate work	With guidance, I can help make sure we each understand our special job/role.	I can make sure each teammate understands their role or job before we begin. I can check in with team members to ensure that they share their work with each other.	I can work with teammates to identify their strengths and interests to make sure everyone has a role in which they can be successful. I can work with the team to create a system for sharing our work with each other.
6.4 Reflect on learning and leadership	At the end of our project, I can say what I learned. I can explain what I liked and/or didn't like about our project.	As a team, we can talk about how well we did, and things we can do better next time. With guidance, I can think about how well I led the team, and what I could do better next time.	As a team, we can identify strengths in our final product, and strengths in our process of working together. We can identify several changes we would make if we could do the project again. As the leader, I can think about specific examples of how I led the team well, and specific examples of things I could do better next time.





7. PROFESSIONALISM/WORK ETHIC

Demonstrate personal accountability and effective work habits (e.g., punctuality, working productively with others, and time workload management), and understand the impact of non-verbal communication. The individual demonstrates integrity and ethical behavior, acts responsibly, and is able to learn from their mistakes.

	LEVEL 1	LEVEL 2	LEVEL 3	
7.1 Build effective work	With guidance, I can stop to reflect on whether I am on the right path.	on my progress and identify whether something needs to change about my	I can stop at strategic points to reflect on my progress and identify whether something needs	
habits	With guidance, I can follow the rules/norms for an inclusive, positive		to change about my approach. I can follow the rules/norms for an inclusive,	
	work environment.	With limited prompting, I can follow the	positive work environment.	
	With guidance, I can ask for help.	rules/norms for an inclusive, positive work environment.	I can ask for help when I get stuck and brainstorm ways to change my approach or	
		I can ask for help when I get stuck or distracted.	where I am working, or get the specific help I need to keep progressing.	
			With guidance, I can apply a strategy to get back on track if I get distracted or have an issue caused by my environment or my choices.	
7.2 Communicate	With guidance, I can use "I" statements to share how I feel.	With guidance, I can use "I" statements to share my point of view.	I can use "I" statements to share my point of view and my feelings.	
in verbal and nonverbal	With guidance, I can show that I was listening.	gestures, pictures, sign) to show my understanding of what another person said,	· · · · · · · · · · · · · · · · · · ·	I can listen and observe body language to identify and show understanding of how
language	With reminding, I can adjust my body		another person is feeling.	
	language when needed.	including when they are feeling upset.	I can notice whether all others are given	
Progression continued on next page		I can ask to hear others' perspective if they have not been heard.	respect and voice and ask to hear team members' perspective if they have not been	
		With guidance, I can adjust my own body	heard.	
		language and identify how it impacts my message.	I can use feedback to adjust my own body language and analyze how it impacts my message.	





7. PROFESSIONALISM/WORK ETHIC continued

	LEVEL 1	LEVEL 2	LEVEL 3
7.3 Demonstrate	With guidance, I can use feedback to identify my strengths and weaknesses.	I can use feedback to identify my strengths and weaknesses.	I can use feedback and reflection to identify my strengths and weaknesses.
integrity and personal	I can choose an activity that will give me an opportunity to learn something new.	I can engage in an activity that will give me an opportunity to learn something new.	I can apply what I learn to help me choose an activity that will give me an opportunity to build
accountability	With guidance, I can recognize negative	With guidance, I can recognize negative	on my existing skills or develop a new skill.
	avoiding them.	influences that lead to unhealthy thoughts or behaviors , and practice a strategy for avoiding them.	I can recognize negative influences that lead to unhealthy thoughts or behaviors, and practice a strategy for avoiding them.
7.4 Practice self-reflection and personal	With guidance, I can try a technique/strategy (e.g. journaling, creative pursuits, meditation) for	With guidance, I can try a technique/strategy (e.g. journaling, creative pursuits, meditation) for personal reflection in order to help me	I can try a technique/strategy for personal reflection in order to help me engage in contemplation.
growth strategies	reflection in order to help me think about a problem.	engage in contemplation.	With guidance, I can use what I learn in my reflection as a basis for making a specific change in my thoughts, actions, or attitude.





8. CAREER EXPLORATION & DEVELOPMENT

Identify and articulate one's skills, strengths, knowledge, and experiences relevant to career goals, and identify training, education and competencies necessary for professional growth. The individual is able to navigate and explore career options, and understands and can pursue opportunities.

	LEVEL 1	LEVEL 2	LEVEL 3
8.1 Identify, develop, and communicate personal strengths	I can name activities that I like to do. I can participate in activities and say whether I liked it or not.	With guidance, I can use feedback or a strategy (e.g. journaling, using a rubric, examining work) to reflect on things I do well or do not do well. I can participate in an activity that will help me practice something that I like doing.	I can use feedback or a strategy (e.g. journaling, using a rubric, examining work) to reflect on things I do well or do not do well.
			I can choose and participate in an activity that will help me practice something that I want to do well.
			I can examine a task (e.g. project, activity, game) and say which parts I feel confident that I can complete.
8.2 Build support networks	In a safe setting and with prompting, I can introduce myself to one or more people I don't know, using a friendly greeting. I can nicely ask someone for help.	In a safe setting, I can introduce myself to someone I don't know, using a friendly greeting	I can intentionally initiate new relationships with peers who share my interests.
		that is familiar to the person. I can nicely ask someone (e.g., classmate, teacher, coach) for help on something that I have noticed she or he knows how to do very well.	I can seek out support from a trusted peer or adult in my network (e.g., classmate, teacher, coach) who has strengths or expertise related to a goal, project, or interest of mine.
8.3 Develop an educational and career pathway	With guidance, I can learn about different jobs and decide which ones are interesting to me. With guidance, I can make a goal and identify some steps I will need to follow to reach it.	I can explore different jobs and decide which ones are interesting to me.	I can explore different careers, based on my interests and strengths.
		I can make a goal and identify some steps I will need to follow to reach it.	I can articulate a goal and describe the steps needed to attain it, as well as what help I might need.





9. CITIZENSHIP & CIVIC RESPONSIBILITY

Think critically about complex issues and evaluate information about issues of public consequence. Demonstrate knowledge of institutions and processes of government and political systems. Possess behaviors, attitudes, and understanding needed to be a knowledgeable, active and engaged member of a community.

	LEVEL 1	LEVEL 2	LEVEL 3
9.1 Participate in community	Working with my teacher and classmates, I can help make and follow the rules for our classroom/school community.	Working with my teacher and classmates, I can help make and follow the rules and norms for our classroom/school community. I can treat others kindly and fairly, and help to make my classroom and school community a safe and comfortable place for others.	Working with my teacher and classmates, I can help make and follow the rules, norms, and community practices of our classroom/school community.
	I can treat others kindly and fairly.		I can treat others kindly and fairly, and I can contribute to a safe and inclusive classroom and school community.
			I can learn about, participate in, or help organize, opportunities for service projects or community-building events.
9.2 Examine enduring problems	I can notice when someone or something is being treated unfairly or unkindly.	Working with others, I can identify a problem or issue that affects many people in my community, and that I could help address. I can come up with questions to explore the issue.	I can identify a specific problem or issue in my community that I could help address.
	I can look for a possible reason this is happening.		I can come up with questions to explore the issue, and prioritize the most important questions to investigate.
Progression continued on next page	I can ask questions to learn more about the problem. I can think of a way to help.	I can identify all the people or groups involved, and I can analyze their different perspectives on the issue.	I can identify all the parties and roles involved (e.g., decision-makers, influencers, those impacted), and I can analyze their different perspectives on the issue.





9. CITIZENSHIP & CIVIC RESPONSIBILITY continued

	LEVEL 1	LEVEL 2	LEVEL 3
9.3 Build civic knowledge	I can learn about the different things that people in my community do to help solve problems.	I can learn about the different roles of government and community groups/members as it relates to a problem.	I can learn about the different roles of government, businesses , and community groups/members as it relates to a problem, and examine different levers of power for making change.
	I can learn about possible solutions to a problem, and who can help.	I can identify reasons for why a problem has not already been fixed.	
	I can explore reasons for why a problem has not already been fixed.	I can learn about possible solutions to a problem, and what roles different parties would play in solving the problem.	I can explore reasons, from multiple perspectives , for why the problem has persisted .
			I can learn about possible solutions to the problem, and analyze how different solutions involve and impact different parties.
			I can draw a main lesson from my investigation.
9.4 Improve my community	With guidance, I can take steps to solve a problem. I can help others by implementing a plan. I can reflect on what I learned by doing my plan.	Using what I learned from my investigation, I can come up with a plan for solving a problem or improving a situation.	I can come up with a plan that engages other stakeholders in solving a problem or improving a situation.
		I can take positive and constructive action by implementing my plan.	I can take positive, constructive action while demonstrating my civic knowledge.
		I can reflect on what I learned through implementation, how my actions impacted the situation, and what next steps I could take.	I can reflect on what I learned through implementation as well as what I could have done differently, how my actions impacted the situation, and what next steps I or others could take.





10. FINANCIAL LITERACY

Possess knowledge and understanding in the following areas: earning income, buying goods and services, using credit, saving and protecting assets and insuring.

	LEVEL 1	LEVEL 2	LEVEL 3
10.1 Practice short-term and long-term personal budgeting	With guidance, I can set a goal to save money (pretend or real) in order to buy something I want or need. With guidance, I can do one or more jobs (pretend or real) until I earn enough money to reach my goal.	I can set a goal to save money (pretend or real) in order to buy something I want or need. With guidance, I can come up with a plan for saving enough money (e.g., through chores, jobs, trading, sharing) to reach my goal. With guidance, I can keep track of how much I earn until I achieve my goal.	I can set a short-term financial goal (real or scenario-based). I can develop a budget and an action plan for reaching my goal. I can use a tool to track my income and expenses and monitor my progress.
10.2 Navigate financial tools, opportunities, and practices	I can learn about different ways to keep the money I've earned safe. I can choose one way and try it.	I can choose a way to keep the money I've earned safe and explain why I chose that approach. I can learn about different ways to keep track of the money I've earned, and I can try one and reflect on how well it worked for me.	I can learn about different tools for creating a budget and/or a plan, and I can choose one and try it. I can do basic research to identify and compare different banking opportunities for saving earned money.
10.3 Demonstrate effective decision-making involving risk and reward	With guidance, I can practice self- control and save my money until I reach my goal.	With guidance, I can weigh the pros and cons of spending my money on something not related to my goal. I can practice making choices that help me stay focused on reaching my goal, even if it means waiting.	I can consider the trade-offs involved in saving money toward my goal versus spending my money now on something not related to my goal. I can practice making choices that help me stay focused on reaching my goal. I can reflect on the choices I made and what I might do similarly or differently in the future.