NALOXONE Administrative Protocol
Protocol Resource Template

This document is only a template resource. If the template is used, please customize the document to include district’s/school’s nursing practices and branding.

BRAND NAME: NARCAN

PURPOSE

Narcan Nasal Spray is an opioid antagonist indicated for the emergency treatment of known or suspected opioid overdose as manifested by respiratory and/or central nervous system depression.

It is the practice of <Insert Name> School District and designated staff to aid any person(s) who may be suffering from an opioid overdose following the process outlined below. Staff members trained in accordance with this protocol shall make every reasonable effort, to include the use of Narcan (Naloxone) combined with rescue breaths, to revive the victim of any apparent drug overdose.

Narcan may be given to children.

AUTHORITY TO ADMINISTER MEDICATION

Standing Order approved by <Insert Name of prescribing practitioner>.

WHO MAY ADMINISTER THIS MEDICATION

- Licensed Staff (For example: RN, LPN or Athletic Trainer) upon completion of semiannual training and successful completion of the return demonstration competency.
- Health Technician (HT) upon completion of semiannual training and successful completion of the return demonstration competency.
• School Staff, designated by the District, and upon completion of semiannual training and successful completion of the return demonstration competency.

### PROCESS

1. **Recognize** individual for signs/symptoms of suspected opioid use. Suspicion of opioid overdose can be based on:
   a. **Presenting Symptoms**
      - Respiratory depression as evidenced by slow respirations or no breathing (apnea)
      - Extreme sleepiness and unresponsiveness to stimuli – including calling name, then shaking, then sternum rub
      - Pinpoint pupils
      - Slowed heartbeat/pulse
      - Cyanotic skin coloration (blue lips and fingertips)
   b. History
   c. Report from bystanders
   d. School Nurse or staff prior knowledge of person
   e. Nearby medications, illicit drugs, or drug paraphernalia

2. **Respond**
   a. Call 911 and request advanced life support
   b. Assess breathing. Perform rescue breathing if needed.

3. **Reverse**
   
   Note: Each device is a single dose.
   a. Administer a single spray of Narcan intranasally into one nostril.
   b. Place person in recovery position (lying on side) providing that rescue breathing is not necessary.
   c. Stay with person until help arrives, keeping the individual under constant surveillance while awaiting emergency medical assistance.
   d. If the individual does not respond in 2 to 3 minutes or responds and then relapses into respiratory arrest, an additional dose of Narcan Nasal spray may be given. Each device is a single dose, therefore if an additional dose is needed, you must use another device. Administer the Narcan into the nostril not used with the first dose.

4. **Refer**
   a. Transport to nearest medical facility, even if symptoms get better
   b. Contact parents/guardians if not done previously.
5. **Documentation**

**RESOURCES**

Narcan Drug Information Sheet