The TPS-FASTT or "Types Fast" Method

AP English

When faced with the sometimes daunting task of analyzing a poem, you will need to keep all of the following points in mind or risk a significant misreading:

Title
Examine the title before reading the poem. Sometimes the title will give you a clue about the content of the poem. In some cases the title will give you crucial information that will help you understand a major idea within the poem. For example, in Anne Bradstreet's poem "An Author to Her Book," the title helps you understand the controlling metaphor.

Paraphrase
Paraphrase the literal action within the poem. At this point, resist the urge to jump to interpretation. A failure to understand what happens literally inevitably leads to an interpretive misunderstanding. For example, John Donne's poem "A Valediction: Forbidding Mourning" is about a man who is leaving for a long trip, but if it is read as a poem about a man dying, then a misreading of the poem as a whole is inevitable.

Speaker
Who is the speaker in this poem? Remember to always distinguish speaker from the poet. In some cases the speaker and poet might be the same, as in an autobiographical poem, but often the speaker and the poet are entirely different. For example, in "Not My Best Side" by Fanthorpe, the speaker changes from a dragon, to a damsel, to a knight - none of these obviously are Fanthorpe.

Figurative Language
Examine the poem for language that is not used literally. This would include, but is certainly not limited to, literary devices such as imagery, symbolism, metaphor, litotes, allusion, the effect of sound devices (alliteration, onomatopoeia, assonance, consonance, rhyme), and any other devices used in a non-literal manner.

Attitude (TONE 😊)
Tone, meaning the speaker's ATTITUDE towards the SUBJECT of the poem. Of course, this means that you must discern the subject of the poem. In some cases it will be narrow, and in others it will be broad. Also keep in mind the speaker's attitude toward self, other characters, and the subject, as well as attitudes of characters other than the speaker.

Shifts
Note shifts in speaker and attitude. Shifts can be indicated in a number of ways including the occasion of poem (time and place), key turn words (but, yet), punctuation (dashes, periods, colons, etc), stanza divisions, changes in line or stanza length, and anything else that indicates that something has changed or a question is being answered.

Title
Examine the title again, this time on an interpretive level.

Theme
First list what the poem is about (subject), then determine what the poet is saying about each of those subjects (theme). Remember, theme must be expressed as a complete sentence.