

Thinking Functionally

Functions of Behavior

Sensory



Escape



Attention



Tangible



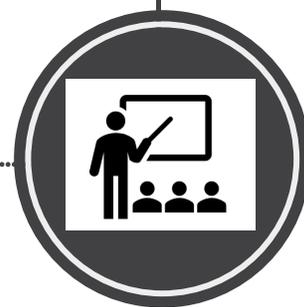
Function-Based Interventions

Below are examples of potential proactive strategies, by function, to meet student needs and teach replacement behaviors.

Proactively Meet the Student's Need



Appropriate Replacement Behavior



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- Provide opportunities for the student to engage in the behavior at appropriate times/locations

Sensory

- Teach the student appropriate time and place to engage in the behavior
- Teach the student to engage in a more socially appropriate behavior that meets the same need (if possible)

- Immediately give the student a break at the first signs of precursor behavior
- Provide opportunities for the student to take breaks throughout the day
- Reduce the difficulty of a task
- Provide additional assistance/support during difficult tasks or situations
- Adjust the environment to remove the students need to escape/avoid the task or situation

Escape

- Teach the student how to appropriately request a break
- Teach the student strategies to cope in difficult situations that mediate the need to escape
- Teach the student to self-advocate (e.g., ask for help, request to do something different)
- Teach the student to request to talk to a trusted adult (e.g., counselor) if appropriate

- Increase the frequency of praise/attention throughout the day
- Opportunity for individual attention/interaction with preferred staff
- Provide opportunity for positive attention/interaction with peers
- Provide opportunity for the student to be a leader for a task/activity

Attention

- Teach the student an appropriate way to gain an adult's attention
- Teach the student how to tell appropriate jokes to get attention from peers
- Teach the student to request opportunities to help with or lead an activity
- Teach the student to request to work with peers when appropriate

- Provide opportunities to access preferred items/activities throughout the day/week
- Provide opportunities to make choices/have control when possible

Tangible

- Teach the student to appropriately request access to desired items/activities
- Teach the student to ask for an alternative activity if the preferred activity is not available
- Teach the student to ask when they will be able to access a desired item/activity

Need help writing a plan to teach a replacement behavior?
Click [here](#) to submit a ticket through the Help Desk.



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